THE TUESDAY NEWSLETTER

Issue 8, October 5, 2010

FROM THE PRINCIPAL:

We ask that parents contribute 35 hours of volunteer work toward the school. Many families signed up for job banks at the beginning of the year and will soon be receiving confirmations and detailed descriptions by email

If you did not get the chance to sign up, the following jobs are still available. Please come to the office and sign up for one of the positions or let us know what else you would like to do.

Many hands make light work. We appreciate all the that the parents do to support the school.

- **Exterior wall upkeep, outdoor cubbies swept and maintained, benches in good repair**
- **Storage Unit Inventory Taker**
- **Storage Unit Driver (Drive stuff to/ from Unit)**
- **Parent Assoc. Contact Person**
  - Community Care
  - Facilities
  - Job Bank/ Parent Partnership
- **Help the teachers clean bathrooms and vacuum classrooms.** Last year faculty decided rather than curriculum be affected (loss of specialty classes) it would be better to let go of janitorial services for this year. The teachers are cleaning the bathrooms and are asking if any parent would take a day to relieve them of the task. It takes 20 minutes after school.
- **Supply Inventory**

Classroom support jobs still available:

Kindergarten

- Craft Prep
- Corner Cleaner
- Laundry

Second grade

- Festival Parent
- Corner Cleaner (dusting, surfaces, etc.)
- Animal Care
- Reading Group Helpers
- Main Lesson Helper
- Classroom Materials Maker
- Painting Class Helper

Third Grade

- Outdoor Cubby
- Cleaner
- Garden Care
- Animal Care (chickens)

Fifth Grade

- Festival Parent
- Field Trip Coordinator Helper
- Lunch Fundraiser Helper
- Class Materials Maker

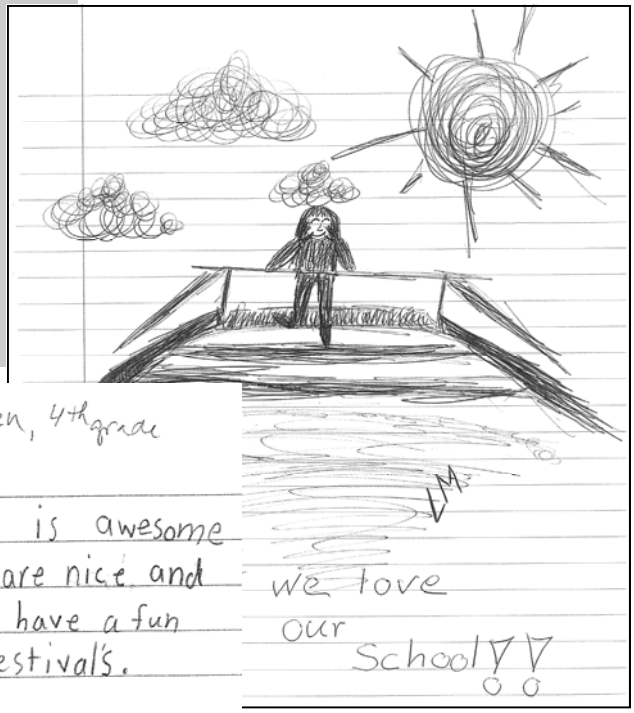
Also included in this Newsletter:

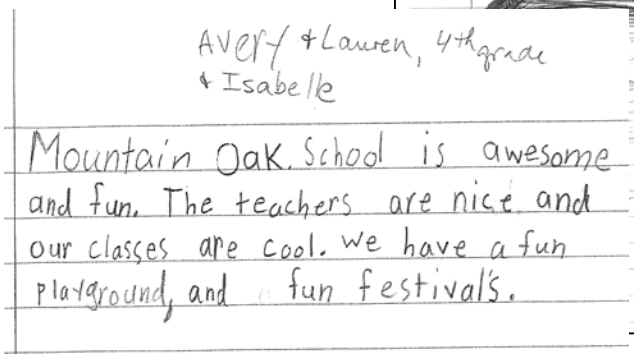
- **School Calendar of Event**
- **Walk to School Month Information-**
- **School Directory Information– PLEASE COMPLETE!**
- **Parent Survey September 2010– PLEASE COMPLETE!**

INTERESTED IN JOINING THE AFTERSCHOOL STRING BAND? We want to start up the After School String Band this year. It will involve some commitment of time (we meet once a week) and a little money (approx. $5 per student per session). So let Mr. Doug know (830-1002) and we'll take it from there. Oh boy!

JOIN US FOR COFFEE Stewardship Group meets every Tuesday after drop off. A group of parents have coffee and conversation at a local coffee house. We gather in the play yard after drop off. This week we are planning the up-coming clothing exchange. It is a wonderful way to get to know each other better and be connected to the on- goings of the school. Please join us.

TALES & TUNES STORY TELLING & MUSIC PERFOMANCE Tales & Tunes delightfully presents "Trickster Tales." On October 17th, at 2pm at the Unitarian Universalist Fellowship, 945 Ranch Vista Rd. Tickets at the door: Adults $9, Children $5.




Avery & Lauren, 4th grade & Isabelle

Mountain Oak School is awesome and fun. The teachers are nice and our classes are cool. we have a fun playground, and fun festival's.

SEPT/OCT 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29 12:30 PM Dismissal 1st-6th gr.	30 SCHOOL PICTURE DAY!	1 FESTIVAL of STRENGTH & COURAGE	2
				Yavapai County Fair		
3	4	5 TODAY	6 12:30 PM Dismissal 1st-6th gr	7	8	9
Yavapai County Fair	Board Meeting 3:30p	Yav College Perf 5th, 7th & 8th gr		Parent Assoc. Meeting 5:30pm	Bake Sale After school	
		6th grade Grand Canyon Field Trip				
10	11	12	13	14	15	16
	Fall Break!		Clean out your closets this break for the	Free Cycle Event!		
17 Tales & Tunes 2pm	18	19	20 12:30 PM Dismissal 1st-6th gr	21 Walk Thru the Grades	22 Walk to School Day 7:30am Bake Sale After School	23 Free Cycle Event!** @ MOS 9am to Noon
24/ 31	25	26	27 12:30 PM Dismissal 1st-6th gr Pumpkin Path	28	29	30

****MTN. OAK"S FREE CYCLING DAY/ CLOTHING EXCHANGE** It is time to clean out your closets! Saturday, October 23rd, 9:00 am to noon. What is free cycling? People bring any items they want to free themselves of and give them away, then take home something they do want. Everything is free! All the left over items are then donated to a local community charity. Items may be brought to the school on or before the day of the event. We will have donation bins by the Office and the First grade classroom. This year we will have a bake sale too! So start saving your give away items. Sponsored by Mt. Oak School Stewardship Group. Please see Gena Hahn (first grade parent) or Beth Rossi (second grade parent) if you have any questions.

Kindermusik®
a good beginning never ends
From $6 per week
plus the cost of At-Home Materials
Kids ages 0-7
Locations in Prescott, Prescott Valley, & Skull Valley
NEW CLASSES STARTING SOON!
Ask about our Discounts and Free Preview Class
928-830-7942
www.kindermusikwithmisskelly.com

November Events:

1: Board Meeting
1—3: Parent/Teacher Conferences (12:30 dismissal 1st—8th grades)
4: YC Performance 3rd -8th grades
4: Parent Association Meeting
10: Lantern Walk (K-2nd gr)
11: Veteran's Day– No School
15: 4th Grade Field Trip
18: Fall All School Assembly
18: Walk thru the Grades

November 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1**	2*	3*	4**	5	6
7	8	9	10*	11	12	13
14	15*	16	17	18**	19	20
21	22	23	24	25	26	27
28	29	30				

School Directory

Every year Mountain Oak puts out a School Directory
to aid in getting families together, and communicating school events.
This Directory is given to students and their parents only.
Please fill out the following form to ensure the proper information gets published.

Traditionally, we also include advertising from the Mountain Oak School community.
This year we will continue the tradition with a change in format.
Spaces of 1 inch by 1 inch will be available for $5.
Community businesses can purchase one or more spaces and fill
with information about their business, logo and/or a jpg ad.
Please talk to Beni in the office if you have any questions.

**If we do not receive the below form, we will use the information we have on file. **

Please Complete ASAP

Mountain Oak
School Directory Form

Please Complete ASAP

Student Name: _____ Grade: _____

I want Mountain Oak to publish the following inforomation in the School Directory:
(Please circle)

Yes **Student Name** (all student names are included in the directory)

Yes No **Parent/Guardian Name(s)** Note/Modification:_____

Yes No **2nd Parent/Guardian Name(s)** Note/Modification:_____

Yes No **Primary Address** Note/Modification:_____

Yes No **2nd Parent/Guardian** Address Note/Modification: _____

Yes No **Primary Phone** Note/Modification: _____

Yes No **2nd Parent/Guardian** Phone Note/Modification:_____

Yes No **Advertise**: Business Name:_____
I will email (circle one or more of the following):
Text Logo JPG Ad to mtnoak@cableone.net
Please include $5 per 1 inch by 1 inch square.

Parent filling out this form:_____

WALK TO SCHOOL MONTH

JOIN MT. OAK SCHOOL IN CELEBRATING INTERNATIONAL WALK TO SCHOOL MONTH!!

FRI. OCTOBER 22; MEET AT GRANITE CREEK PARK AT 7:30AM

Coordinated by Prescott Alternative Transportation (PAT)

PAT's Safe Routes to School currently works with eight local elementary and middle schools in Prescott (including Mt. Oak School). October is celebrated internationally as Walk to School Month each year; thousands of students, teachers, parents around the world walk to school together to raise awareness about all the benefits that come from walking more often – while also drawing attention to the need for safer accommodations for walking in many communities.

Why walk to school?

Did you know that nearly 25% of all morning car traffic is comprised of parents driving their children to school? By walking, we reduce the number of cars on the road, which contributes to safer streets for everyone.

Did you know that in the last 30 years the number of children walking to school has gone from nearly 60% to less than 15% (on average in the U.S.; in Prescott the current average number of children walking to school is approximately 9%)? And in this same time period, the number of cases of childhood obesity and type 2 diabetes has increased dramatically; in fact, type 2 diabetes never existed in children until the last two decades (a major reason for contracting type 2 diabetes is lack of adequate exercise). Did you know the Centers for Disease Control states that walking is one of the best low-impact forms of exercise you can get?

Did you know a recent study determined that students who get exercise (including walking) just prior to taking a test, or otherwise undertaking academic work, perform better than those who did not get exercise?

Did you know that burning one gallon of gasoline contributes 19 pounds of carbon dioxide to the atmosphere? Burning fossil fuels also contributes multiple other air pollutants – many of which are detrimental to people with asthma and other respiratory ailments.

Many families at Mt. Oak School live too far away to easily walk to school; one option is to drive to a convenient location (perhaps a mile or less away from school) and walk from there to the campus. October 22's Walk to School Day event is a way to try that out. Even if we all walk to school (or part way to school) just once a week, it would make a huge impact on our personal health – and the health of our environment.

On Friday, October 22 we will meet at Granite Creek Park at 7:30am and all walk together to the Mt. Oak campus. Participants will receive free t-shirts and breakfast goodies. Enjoy a brisk walk to school with friends; parents can take brochures with information on driving safely around pedestrians; parents can also learn about organizing regular group walks with their children. **We look forward to seeing you all there!**

Lisa Barnes
4th grade parent, member of Mt. Oak Board of Directors
Executive Director, Prescott Alternative Transportation

Mountain Oak School **Parent Survey September 2010**

If you filled this survey out online, please disregard this paper copy

1. What grade(s) are your children in?

☐ K ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8

2. If it became available, I would use bus/van transportation for my child to get to and from Mountain Oak School. (Please Circle)

Always Frequently Sometimes Occasionally Never (please skip to Question #7)

3. I would be willing to pay for transportation, per day, no more than... (Please Circle)

$0 $1 $2 $3 $4 $5

4. Where is your primary residence?

City/Town:

5. I understand the rationale behind the current dress code policy.

○ Completely ○ Somewhat ○ A little ○ Not at all

6. I would prefer a school uniform (shirts) over the current dress code at Mountain Oak School.
(Please Circle)

Strongly agree Agree Neutral Disagree Strongly disagree

7. Purchasing a uniform would be a financial hardship for me (estimated cost $10-15 per shirt).
(Please Circle)

Strongly agree Agree Neutral Disagree Strongly disagree

8. If you have any additional comments regarding the dress code, please add them here:

9. It is important to me that my child recites the Pledge of Allegiance at school.

___Not important
___No preference
___Important
___Very Important
___Extremely important

10. I would be supportive of Mountain Oak School students saying the Pledge of Allegiance.

___Very supportive
___Supportive
___Neutral
___Not supportive
___Extremely not supportive

Thank you for taking the time to complete this survey
Please return to the School Office